



Doffing COVID Personal Protective Equipment

Before Exiting Room/COVID Dedicated Area

- 1 Determine doffing process, which depends on whether**
 - A) Gown can be removed by tugging from front to unsnap
 - B) Gown must be untied by reaching up behind neck or behind back

OPTION A (gown can be tugged off from front)	OPTION B (must reach behind neck/back)
<ol style="list-style-type: none"> 2 Remove gown <ul style="list-style-type: none"> ○ Grasp front of gown at upper chest or waist level. Tug to remove. ○ Turn gown inside out, bundle and place in proper container 3 Remove gloves 4 Perform hand hygiene 	<ol style="list-style-type: none"> 2 Remove gloves 3 Perform hand hygiene 4 Remove gown <ul style="list-style-type: none"> ○ Unsnap or untie at neck and back ○ Turn gown inside out, bundle and place in proper container 5 Perform hand hygiene

- **When removing gloves,** use glove in glove technique (see “Glove Removal Video”)
- **When performing hand hygiene,** ensure cleaning of all surfaces of the hands, including front, back, in between the fingers, the thumbs, the wrists, and the tips of all fingers

NEXT, complete PPE removal with the following steps:

- 1 Remove face shield**
 - Tilt your head forward, hold the top of your face shield with one hand, and pull the shield off the top of your head
 - Clean face shield/goggle if reusing (see “Eye Protection Reuse Protocol”)
- 2 Remove mask/N95 respirator**
 - Under universal masking, retain standard mask unless soiled, wet, or damaged
 - Remove N95, store per “Mask Reuse Protocol”, don standard mask
- 3 Perform hand hygiene**