



## Preventing COVID-19 in Nursing Homes Protocol – Common Area Cleaning

### Cleaning Guidance

- Clean surfaces in a fixed order to create a cleaning routine
- Assign a specific color cleaning cloth for different room types
  - Example: green for resident room, blue for bathroom, purple for common areas
- Proceed from cleanest to dirtiest to reduce the likelihood of transferring dirt and germs from one surface to another

### Common Area Example

- The following picture shows a clean-to-dirty sequence for cleaning a nursing station
  - **Numbers** show the order in which the surfaces are cleaned
  - **Arrows** represent the way a housekeeper will navigate through the room
  - High-touch surfaces to be cleaned are colored in **green**



## Nursing Station Cleaning

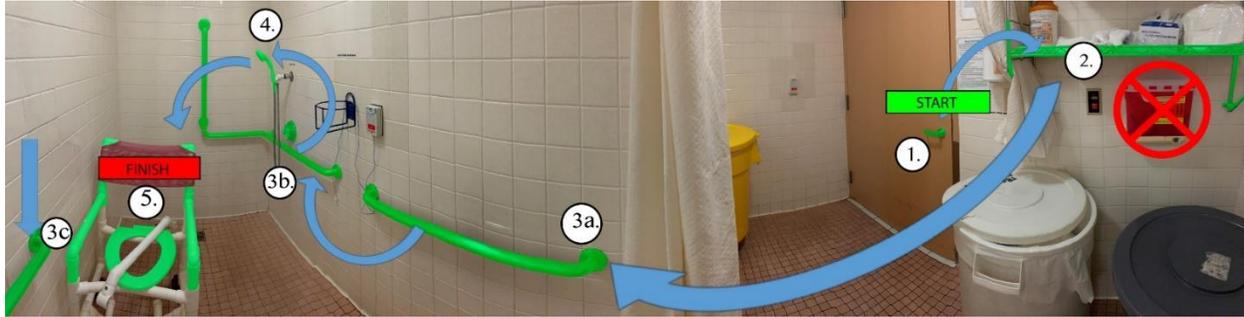
- High-touch surfaces in nursing stations include: countertops, cabinet handles, sink and dispensers, chairs, patient lifts, and weight scale machines

High-touch Surfaces in Nursing Stations		
		
Countertops	Cabinet Handles	Sink and Dispensers
		
Chairs	Patient Lifts	Weight Scale

- Nursing station cleaning steps:
  1. Perform hand hygiene, don fresh gloves
  2. Take a freshly saturated clean cloth and fold in half twice, so that there are 8 sides for cleaning (see “Protocol – Folding Cleaning Cloths”)
  3. Use one side of the cloth to wipe the nursing station countertops
  4. Use opposite side to wipe all cabinet handles
  5. Unfold cleaning cloth to a clean side, and wipe sink, faucet, and all dispensers
  6. With another clean side, wipe all chairs
  7. With another clean side, wipe patient lift
  8. With another clean side, wipe weight scale
  9. Remove trash can liner, then clean outside of trash can
  10. Place used cloth in linen bag
  11. Remove gloves, and wash hands with soap and water to remove any chemicals

## Shower Room Cleaning

- High-touch surfaces in shower rooms include: light switch, door handle, shelves, wall handrails, shower fixtures, shower chair



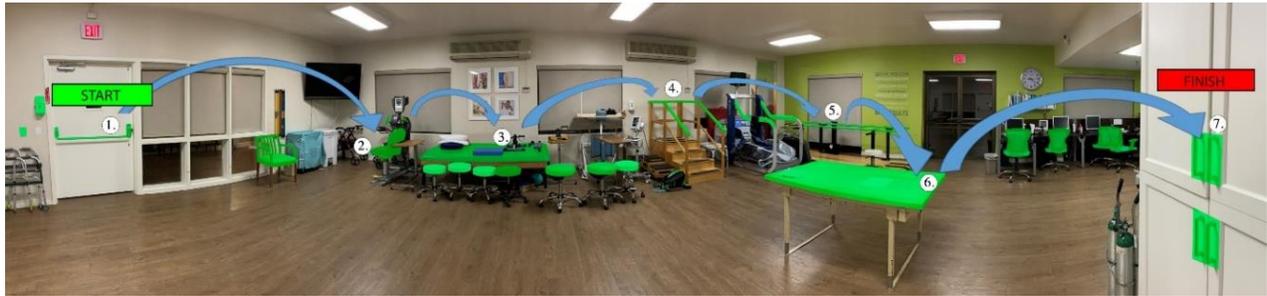
### High-touch Surfaces in Shower Rooms

		
Door Knob and Light Switch	Shelving	Wall Handrails
		
Shower Fixtures	Shower Chair	

- Shower room cleaning steps:
  1. Perform hand hygiene, don fresh gloves
  2. Take a freshly saturated clean cloth and fold twice, to make 8 sides for cleaning (see "Protocol – Folding Cleaning Cloths")
  3. Use one side of the cloth to wipe the door knob and light switch
  4. Use opposite side to wipe all shelves
  5. Unfold cleaning cloth to a clean side, and wipe all wall handrails
  6. With another clean side, wipe shower fixtures and shower head
  7. With another clean side, wipe shower chair
  8. With another clean side, wipe any additional items
  9. Place used cloth in linen bag, remove gloves, and wash hands with soap and water to remove any chemicals

## Therapy Room Cleaning

- High-touch surfaces in therapy rooms include: light switch, door handle, exercise bike, therapy bed, tables and countertops, cabinet handles, stools and chairs



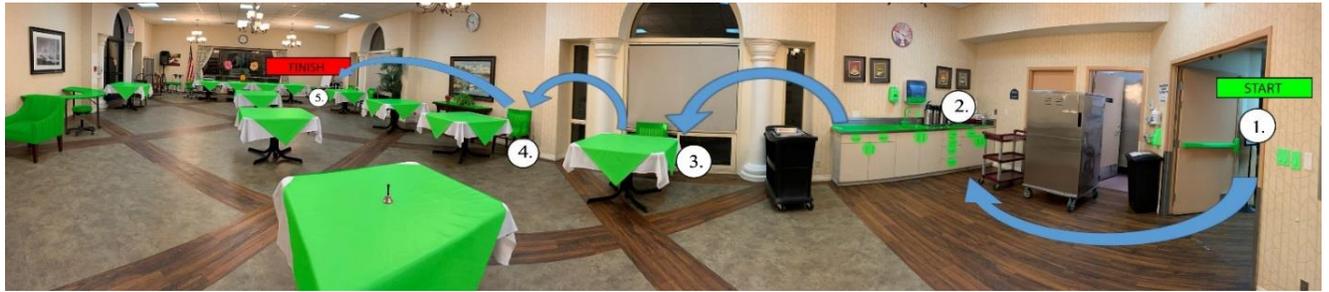
### High-touch Surfaces in Therapy Rooms

		
Door Knob and Light Switch	Exercise Bikes	Therapy Bed and other Equipment
		
Tables and Counters	Cabinet Handles	Stools and Chairs

- Therapy room cleaning steps:
  1. Perform hand hygiene, don fresh gloves
  2. Take a freshly saturated clean cloth and fold twice, to make 8 sides for cleaning (see "Protocol – Folding Cleaning Cloths")
  3. Use one side of the cloth to wipe the door knob and light switch
  4. Use opposite side to wipe all shelves
  5. Unfold cleaning cloth to a clean side, and wipe all wall handrails
  6. With another clean side, wipe shower fixtures and shower head
  7. With another clean side, wipe shower chair
  8. With another clean side, wipe any additional items
  9. Place used cloth in linen bag, remove gloves, and wash hands with soap and water to remove any chemicals

## Dining Room or Activity Room Cleaning

- High-touch surfaces in dining rooms or activity rooms include, but are not limited to: light switch, door handle, sink and countertop, tables, chairs



High-touch Surfaces in Dining Rooms or Activity Rooms	
	
Door Knob and Light Switch	Sink and Countertop
	
Tables	Chairs

- Dining room or activity room cleaning steps:
  1. Perform hand hygiene, don fresh gloves
  2. Take a freshly saturated clean cloth and fold twice, to make 8 sides for cleaning (see “Protocol – Folding Cleaning Cloths”)
  3. Using a fresh side of cleaning cloth, wipe the door knob and light switch
  4. Using the opposite side, wipe sink, dispensers, and all countertops
  5. Unfold cloth to a fresh side, and wipe all dining tables
  6. Use another clean side to wipe dining chairs
  7. Use another clean side to wipe any additional items
  8. Place used cloth in linen bag, remove gloves, and wash hands with soap and water to remove any chemicals

## Conference Room Cleaning

- High-touch surfaces in conferences room include: light switch, door handle, media cabinets, all tables, all chairs



High-touch Surfaces in Conference Rooms	
	
Door Knob and Light Switch	Media Cabinets
	
Chairs	Tables

- Conference room cleaning steps:
  1. Perform hand hygiene, don fresh gloves
  2. Take a freshly saturated clean cloth and fold twice, to make 8 sides for cleaning (see “Protocol – Folding Cleaning Cloths”)
  3. Using a fresh side of cleaning cloth, wipe the door knob and light switch
  4. Using the opposite side, wipe media cabinets
  5. Unfold cloth to a fresh side, and wipe all tables
  6. Use another clean side to wipe all tables
  7. Use another clean side to wipe any additional items
  8. Place used cloth in linen bag, remove gloves, and wash hands with soap and water to remove any chemicals