



Finding help for epilepsy can be hard, but UCI Health is here for you. This sheet has a list of resources where you can get support for managing epilepsy and staying healthy.

Key:

Promotion	Management	Education
Support Groups	Treatment	Research

Scan QR for the website

HEALTH RESOURCES

UCI Services for Epilepsy

- Complete care center for patients with diabetes. Offers: diagnosis, treatment, monitoring, and education.
- For scheduling, a referral from PCP or neurologist is typically requested and records can be faxed to 714-456-6908
- 📞 Clinic: 714-456-6203, Nurse Jessica’s office: 714-456-3414
- 🌐 www.ucihealth.org/medical-services/epilepsy



ESNOC (Epilepsy Support Network of Orange County)

- Nonprofit with a focus on seizures and seizure control
- Offers education, advocacy, support, and encouragement for those living with epilepsy and their families
- 1500 Adams Ave #301 in Costa Mesa
- 📞 714-916-0456
- 🌐 www.esnoc.org



Epilepsy Foundation

- Nationwide foundation that promotes education, policy and research to assist people living with epilepsy
- Resources include support groups (both virtual and in-person) and a tool to find epilepsy specialists and centers
- 🌐 Local Contact Information: orangecountyca@efa.org
- 🌐 www.epilepsy.com



365 Caregiver Support

- Also on Facebook and Twitter
- Provides informational support and support groups for caregivers, not all specifically related to epilepsy
- Master list of resources, associations, and foundations related to various illnesses and conditions on website
- 🌐 www.365caregivingtips.com



RESOURCES CONTINUED

Scan QR
for the website **Unspoken Symphony** 📁

- An initiative to help those who can't speak put their art to music
- You can submit artwork on the website and it will turn it into a song
- Great resource for expression for those who are nonverbal at baseline, as well as for stroke survivors who can no longer communicate verbally

 www.unspokensymphony.com

**The Autism Community in Action (TACA)** 📖 👥

- A community that provides education, support and information
- Resources include virtual education and support groups, in-person events and meetings, conferences, a mentor program, and informational articles and guides to help parents and caregivers navigate getting help

 www.tacanow.org


**Magnolia Paws for Compassion** 📁

- Website for the training and placement of service dogs
- Partnered with the Epilepsy Foundation and 4 Paws for Ability to raise awareness of the benefits that service and therapy dogs can provide to those with epilepsy or seizure disorders
- Therapy dogs spend time with patients to alleviate physical and emotional illness-caused stress

 www.magnoliapawsforcompassion.com

**National Association of Epilepsy Centers** 📖 🏥 🔍

- Website has resources to find epilepsy centers, patient resource pages, and frequently asked questions
- Collection of additional resources related to learning more about different types of epilepsy and seizures and help with care

 www.naec-epilepsy.org/

**National Coordinating Center for Epilepsy (American Academy of Pediatrics)** 📖 🏥 📁

- Website offers information, tools, and resources for epilepsy and seizures in children
- Has recommendations and guidelines for learning more about pediatric epilepsy and resources for technical assistance

 www.aap.org/en/patient-care/epilepsy/



RESOURCES CONTINUED


Scan QR
for the website **The Connected Parent**  

- A database for families to find local and online resources and services related to rare diseases, autism, and disabilities in one place
- You can search for, add, and review medical specialists, occupational therapists, respite care providers, speech therapists, and more

 www.theconnectedparent.net/

**Epilepsy Alliance America**  

- Offers programs, services, and advocacy for individuals living with epilepsy and their families
- Seizure recognition and first aid training for school personnel
- Resources for OnDemand and Live training available

 www.epilepsyallianceamerica.org/

**Domesti-PUPS Service Dogs** 

- Organization that provides therapy dogs, service dogs, and obedience trained rescue dogs
- Customized training for patient needs
- Ongoing support and guidance with each service dog placed

 info@domesti-pups.org

 www.domesti-pups.org/

