

UCI Health

2020-2022

Implementation Strategy



Table of Contents

Introduction	2
Addressing Health Needs.....	3
Access to Healthcare and Preventive Healthcare	4
Cancer	4
Mental Health.....	5
Overweight, Obesity and Related Chronic Diseases	6
Evaluation of Impact.....	7

Approved by the UCI Chancellor in 2019 

Implementation Strategy

Introduction

In 2019, UCI Medical Center in Orange, CA, a 417-bed academic medical center with multiple community-based ambulatory medical clinics as well as behavioral health and rehabilitation facilities, conducted a Community Health Needs Assessment (CHNA) to maintain compliance with federal regulations guiding tax-exempt hospitals. The CHNA and Implementation Strategy are posted on the hospital website and may be accessed at <http://www.ucihealth.org/community-health>. Public comment on the CHNA and Implementation Strategy are encouraged and community input is used to inform and influence this work.

The Community Health Needs Assessment incorporated demographic and health data for Orange County, California. Significant health needs were identified through primary and secondary data sources gathered for the Community Health Needs Assessment. The needs were indicated by secondary data sources and stakeholder interviews. Each health need was confirmed by more than one indicator or data source (i.e., the health need was suggested by more than one source of secondary or primary data). In addition, the health needs were based on the scope of the problem (relative portion of population afflicted by the problem); or the seriousness of the problem (impact at individual, family, and community levels). To determine the size or seriousness of a problem, the health needs identified in the secondary data were measured against benchmark data, specifically state rates or Healthy People 2020 objectives. Indicators related to the health needs that performed poorly against these benchmarks were considered to have met the size or seriousness criteria. Additionally, the community stakeholders were asked to identify community and health issues based on the perceived size or seriousness of a problem.

The following significant health needs were identified:

- Access to healthcare
- Alzheimer's disease
- Cancer
- Housing and homelessness
- Mental health
- Overweight and obesity
- Preventive practices
- Senior health
- Stroke
- Substance use and misuse

Priority Health Needs

Community stakeholder interviews were used to gather input and prioritize the significant health needs. The following criteria were used to prioritize the health needs:

- Perceived severity of a health issue or health factor as it affects the health and lives of those in the community;
- Level of importance the hospital should place on addressing the issue.

Calculations from community stakeholders resulted in the following prioritization of the significant health needs:

1. Substance use and misuse
2. Mental health
3. Housing and homelessness
4. Access to healthcare
5. Overweight and obesity
6. Preventive practices
7. Senior health
8. Cancer
9. Alzheimer's disease
10. Stroke

Addressing the Health Needs

UCI Medical Center will address the following health needs through a commitment of community benefit programs and charitable resources.

- Access to healthcare and preventive healthcare
- Cancer
- Mental health
- Overweight and obesity (and related chronic diseases)

Goals have been established that indicate the anticipated impact on these health needs as a result of the resources the hospital will commit to meeting the health needs.

Strategies to address the priority health needs are identified and impact measures will be tracked.

Access to Healthcare and Preventive Healthcare

Goal

Increase access to healthcare for the medically underserved and improve community health through preventive practices.

Strategies

UCI Medical Center will commit the following resources to address this health need:

- Provide financial assistance through both free and discounted healthcare services, consistent with our financial assistance policy.
- Operate and expand the UCI Health Family Health Center, a Federally Qualified Health Center, with locations in Santa Ana and Anaheim.
- Explore new healthcare access points for the underserved.
- Provide primary care services, health screenings and vaccines/immunizations for the uninsured and underinsured.
- Communicate to service area residents how to access healthcare coverage options and primary care services.

Impact

The anticipated impact of these actions will be to:

- Increase availability and access to primary care and preventive care services.
- Provide financial assistance to qualified hospital and clinic patients.
- Reduce the percentage of residents who delay obtaining needed medical care.
- Increase individuals' compliance with preventive care recommendations.

Collaboration

To address access to healthcare and preventive healthcare practices, UCI Medical Center will advance external collaborative efforts with:

- CalOptima
- Orange County Health Care Agency
- UCI Health Family Health Center
- Other healthcare providers

Cancer

Goal

Reduce impact of cancer on patient health and increase focus on prevention, treatment, research protocols and comprehensive support.

Strategies

UCI Medical Center will commit the following programs and resources to address this health need:

- Increase cancer prevention for lung, cervical and colorectal cancers.
- Promote quality cancer care from screening through treatment.
- Promote healthy cancer survivorship and co-survivorship.

Impact

The anticipated impact of these actions will be to:

- Increase the identification and treatment of cancer.
- Increase public awareness of cancer prevention.
- Increase individuals' knowledge through relationship based cancer care and treatment recommendations.

Collaboration

To address cancer prevention and treatment, UCI Medical Center plans to collaborate with:

- American Cancer Society
- Chao Family Comprehensive Cancer Center
- Orange County Cancer Coalition (OC3)
- Susan G. Komen Breast Cancer Foundation
- UCI Health Family Health Center
- Other healthcare providers

Mental Health

Goal

Increase access to mental healthcare resources and services.

Strategies

UCI Medical Center will commit the following programs and resources to address this health need:

- Provide mental healthcare outreach and treatment.
- Provide community education on mental health topics.
- Communicate to service area residents how to access healthcare coverage options and mental healthcare services.
- Participate in the Orange County mental health collaborative, Be Well OC.

Impact

The anticipated impact of these actions will be to:

- Increase awareness and treatment of mental health issues.
- Increase availability and access to mental healthcare services.
- Reduce the percentage of residents who delay obtaining needed mental healthcare.

Collaboration

To address this health need, UCI Medical Center plans to collaborate with:

- Be Well OC
- CalOptima
- Orange County Health Care Agency Behavioral Health Division
- UCI Health Family Health Center

Overweight and Obesity and Related Chronic Diseases

Goal

Reduce overweight and obesity and its impact on chronic diseases.

Strategies

UCI Medical Center will commit the following programs and resources to address this health need:

- Provide obesity prevention education, screening and treatment.
- Provide support groups to assist those with chronic diseases and their families.
- The UCI Health Family Health Center (FQHC) will manage the care of low-income patients with hypertension, diabetes and/or those who are obese.
- Provide adult and pediatric weight management, a pediatric fitness clinic and healthy cooking classes at the UCI Health Family Health Center.
- Distribute fresh produce at the UCI Health Family Health Center.

Impact

The anticipated impact of these actions will be to:

- Increase the identification and treatment of overweight and obesity.
- Increase public awareness of chronic disease prevention.
- Increase individuals' compliance with preventive care recommendations.
- Support individuals' abilities to access healthy food and prepare healthy meals.

Collaboration

To address cardiovascular disease, UCI Medical Center plans to collaborate with:

- Alliance for a Healthy OC
- American Diabetes Association
- American Heart Association
- CalOptima
- OC Food Access Coalition
- Orange County Health Care Agency
- UCI Health Family Health Center

Evaluation of Impact

UCI Medical Center will monitor and evaluate the programs and activities outlined above. Our reporting process includes the collection and documentation of tracking measures, such as the number of people reached/served, implementation of disease management measures, and collaborative efforts to address health needs. An evaluation of the impact of the hospital's actions to address these selected health needs will be reported in the next scheduled Community Health Needs Assessment.