# **UCI Health**

## Sunshine pomegranate mocktail

## Ingredients

- 2 cups 100% pomegranate juice
- ½ cup freshly squeezed orange juice
- 1 lemon, juiced
- 1 cup club soda, ginger beer or ginger kombucha
- ½ teaspoon fresh ginger, grated
- 1 tablespoon mint leaves, crushed
- Honey or desired sweetener, as needed
- Crushed ice
- Pomegranate seeds, optional

### **Directions**

- Combine all the ingredients.
- Mix well.
- Serve over crushed ice.
- Garnish with pomegranate seeds for additional fiber and flavor, if desired.



#### **Nutritional Information**

Servings: 4

Cost: \$6.82/\$1.71 per serving Calories: 109 per serving