**Nasal Mupirocin Ointment Instructions**

 **Use TWICE DAILY**

 **Monday-Friday, EVERY OTHER WEEK**

**Step 1**: Clean nostrils (including tip) with tissue prior to application

**Step 2**: Turn tube cap counter-clockwise

**Step 3**: Tilt your head back

**Step 4**: Apply a pea size amount of mupirocin into

each nostril

**Step 5**: Cotton swab may help to distribute ointment

**Step 6**: Press nostrils together and massage for 1 minute

**Step 7**: Avoid contact with eyes and other nose products



Preventing infection is important

for 6 months after hospital discharge.

See sample prescription to discuss with your doctor.

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