

Nasal Mupirocin Ointment Instructions



Use TWICE DAILY
Monday-Friday, EVERY OTHER WEEK

Step 1: Clean nostrils (including tip) with tissue prior to application

Step 2: Turn tube cap counter-clockwise

Step 3: Tilt your head back

Step 4: Apply a pea size amount of mupirocin into each nostril

Step 5: Cotton swab may help to distribute ointment

Step 6: Press nostrils together and massage for 1 minute

Step 7: Avoid contact with eyes and other nose products



Preventing infection is important
for 6 months after hospital discharge.

See sample prescription to discuss with your doctor.