

# What you need to know about Medicare Annual Wellness Visits

A Medicare Annual Wellness visit is a preventive visit with your healthcare provider to assess your health and address any issues that may have been overlooked during a physical exam. These visits also provide you and your healthcare team the opportunity to build a preventive health plan designed to encourage healthy lifestyle choices. Learn more about all the benefits that a Medicare Annual Wellness visit has to offer below.

## What is a Medicare AWW?

A Medicare Annual Wellness Visit is an annual appointment with your care provider to ensure you are up to date on your health records, as well as preventive care services (screenings and immunizations).

## Who is Eligible?

All Medicare Part B members who have not had a Medicare AWW or "Welcome to Medicare" visit in the past 12 months.

## What does the Medicare AWW cost?

Patients pay nothing out-of-pocket for this visit. However, during your visit if you require further tests or screenings other than those listed below, a co-payment or deductible expense may occur.

## Is the Medicare AWW the same thing as a yearly physical?

No. A Medicare AWW is an annual visit with your provider to create a preventive health plan to guide your health, whereas physical exams are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during a Medicare AWW, which may have additional costs.



## What should I do if I haven't had a Medicare AWW in the past 12 months?

Call your healthcare provider and ask to schedule your Medicare AWW. You may also visit the UCI Health patient portal, MyChart, at [my.ucihealth.org](https://my.ucihealth.org) to schedule a visit.

## What is included in the Medicare AWW?

- A health risk assessment to help create a personalized prevention plan to keep you healthy
- Review of your medical and family history
- Height, weight, and blood pressure check
- Review of your medications
- Update your list of other healthcare providers
- Screening for memory and behavioral changes
- Review of movement ability and risk of falling
- Advance care planning