

UCI Health Outpatient Specialty Pharmacy  
**PATIENT COMMUNITY RESOURCES**

<b>Cancer</b>		
<b>UCI Chao Cancer Center</b>	UCI Health resources for adults with cancer and their caregivers, including Peer Navigator Program and support groups	<a href="http://www.cancer.uci.edu">http://www.cancer.uci.edu</a>
<b>UC Irvine Social Worker</b>	Information about resources for cancers	By referral
<b>Cancer Care</b>	Counseling, support groups, workshops, publications, and financial assistance	<a href="http://cancercares.com">http://cancercares.com</a>
<b>American Cancer Society</b>	Support groups, caregiver support, rides to treatment, hair loss, and mastectomy products	<a href="http://www.cancer.org/treatment/supportprograms/services/index">http://www.cancer.org/treatment/supportprograms/services/index</a>
<b>Chemo 101</b>	Informational support	<a href="http://chemocare.com">http://chemocare.com</a> <a href="http://www.cancer.gov/cancertopics/coping/chemotherapy-and-you">http://www.cancer.gov/cancertopics/coping/chemotherapy-and-you</a>
<b>Leukemia and Lymphoma Society</b>	Education, events, assistance for patient access, and volunteering	<a href="http://www.lls.org/california-southland">www.lls.org/california-southland</a>
<b>Cancer Support Community</b>	Tips for coping with diagnosis for you, your family, and friends	<a href="http://www.cancersupportcommunity.org">www.cancersupportcommunity.org</a>
<b>Malecare</b>	Men's cancer survivor support and advocacy organization	<a href="http://www.malecare.org">www.malecare.org</a>

<b>Cardiology</b>		
<b>Heart and Stroke Association</b>	American Heart Association and American Stroke Association of Orange County Resource	<a href="https://www.heart.org/en/affiliates/orange-county">https://www.heart.org/en/affiliates/orange-county</a> 949-856-3555

<b>Crisis Help</b>		
<b>Orange County Department of Health Services Mental Health Services</b>	Mental Health Access Team; Consumer-Operated Warm Line; Community Support Team; Mental Health Urgent Care Clinic	<a href="http://www.ochealthinfo.com/bhs">www.ochealthinfo.com/bhs</a>
<b>National Suicide Prevention Lifeline</b>	24/7 confidential support for people in distress and resources for prevention and crisis	<a href="http://suicidepreventionlifeline.org">http://suicidepreventionlifeline.org</a> Phone: 1-800-273-8255 (1-800-273-TALK)

<b>Hepatology</b>		
<b>American Liver Foundation</b>	Support groups for various hepatology diagnoses	<a href="https://liverfoundation.org/for-patients/resources/support-groups/">https://liverfoundation.org/for-patients/resources/support-groups/</a> Phone: 916-315-0264 or 916-420-4660
<b>Help-4-Hep</b>	Peer-to-peer helpline where counselors work with patients to meet the challenges of Hepatitis C	<a href="http://www.help4hep.org/">http://www.help4hep.org/</a> Phone: 1-877-435-7443

<b>HIV</b>		
<b>Radiant Health Care (formerly known as ASF – AIDS Services Foundation)</b>	Compassionate care, free HIV testing, and medical and comprehensive social services	<a href="http://www.radianthealthcenters.org">www.radianthealthcenters.org</a> Phone: 949-809-5700
<b>OCHCA – Orange County Health Care Agency (STD Clinic and HIV Care Clinic)</b>	AIDS Drug Assistance Program	<a href="http://www.ochealthinfo.com/phs/about/dcepi/ttc">www.ochealthinfo.com/phs/about/dcepi/ttc</a> Phone: 714-834-7991
<b>Shanti OC</b>	Mental health and case management services	<a href="http://www.shantioc.org">www.shantioc.org</a> Phone: 949- 452-0888
<b>APAIT – Asian Pacific AIDS Intervention Team</b>	HIV care programs, behavior health, substance abuse programs, HIV testing, and social support groups	<a href="http://www.apaitonline.org">www.apaitonline.org</a> Phone: 714-636-1349

<b>Inflammatory Bowel Disease</b>		
<b>UCI Inflammatory Bowel Disease Support Group</b>	Educational presentation from a guest speaker on various topics such as stress management, coping strategies, alternative medicine, ostomy care, and relationships	For more information and to RSVP, contact CDDC Social Worker at 714-456-7057
<b>Crohn’s and Colitis Foundation of America</b>	Informational support, support group locator, IBD resource center	<a href="http://www.crohnscolitisfoundation.org">www.crohnscolitisfoundation.org</a>

<b>Multiple Sclerosis</b>		
<b>National Multiple Sclerosis Society</b>	General information, MS navigator program, one-to-one peer connections, wellness education, and community local programs	<a href="http://www.NationalMSSociety.org">www.NationalMSSociety.org</a> Phone: 1-800-344-4867

Gender Diversity		
<b>Transgender Resources</b>	General information and resources, transgender organizations, programs and crisis lines	<a href="https://www.glaad.org/transgender/resources">https://www.glaad.org/transgender/resources</a>

Rheumatologic Conditions		
<b>Arthritis Foundation</b>	Arthritis Support Networks, online community, and Arthritis Foundation Helpline 24/7 support	<a href="http://www.arthritis.org/living-with-arthritis/tools-resources/">http://www.arthritis.org/living-with-arthritis/tools-resources/</a> Phone: 1-844-571-4357
<b>Rheumatoid Arthritis Support Network</b>	Rheumatoid arthritis support groups, literature, foundation financial assistance programs and non-profit and government organizations	<a href="https://www.rheumatoidarthritis.org/resources/">https://www.rheumatoidarthritis.org/resources/</a>
<b>National Psoriasis Foundation</b>	Online support group and peer support	<a href="https://www.psoriasis.org/">https://www.psoriasis.org/</a>
<b>The Lupus Initiative from American College of Rheumatology</b>	Fact sheets and pregnancy	<a href="https://www.thelupusinitiative.org">https://www.thelupusinitiative.org</a>
<b>National Resource Center on Lupus by Lupus Foundation of America</b>	Up-to-date resources and information	<a href="https://resources.lupus.org">https://resources.lupus.org</a>

Miscellaneous			
<b>Caregiver support</b>	<b>Family Caregiver Resource Center of Orange County</b>	Free non-profit agency to provide assistance to caregivers and their families; Vietnamese and Spanish assistance available	<a href="http://www.caregiveroc.org">www.caregiveroc.org</a>
<b>Tobacco</b>	<b>UCI Health Quit Smoking program</b>	Free interactive program to support and educate patients	<a href="https://www.ucihealth.org/patients-visitors/patient-education/quit-smoking">https://www.ucihealth.org/patients-visitors/patient-education/quit-smoking</a>
<b>Tobacco</b>	<b>Smokefree.gov</b>	Texting program, online resources, and expert support	<a href="https://smokefree.gov/">https://smokefree.gov/</a>
<b>Tobacco</b>	<b>California Smokers' Helpline</b>	Free telephone counseling, self-help materials, online help in 6 languages, special services for pregnant women, and free nicotine patches for eligible parents of children under 5 years	<a href="https://www.nobutts.org/">https://www.nobutts.org/</a>

<b>Lifestyle and disease management classes</b>	<b>UCI Health Health Management and Education Classes</b>	Lifestyle and disease management classes including general health, chronic pain, diabetes management, stress management, healthy eating, weight management, smoking cessation, heart health, etc.	<a href="https://www.ucihealth.org/patients-visitors/patient-education">https://www.ucihealth.org/patients-visitors/patient-education</a> Phone: 1-657-282-6357
<b>Substance abuse</b>	<b>Alcoholics Anonymous (for individual) Al-Anon (for families and friends of problem drinkers) Orange County Health Care Agency-Alcohol and Drug Abuse Services</b>	Meetings and support for recovering alcoholics and their families and loved ones	<a href="http://www.aa.org/">www.aa.org/</a> <a href="http://www.al-anon.org/">www.al-anon.org/</a> <a href="http://www.ochealthinfo.com/bhs/about/aoabh">www.ochealthinfo.com/bhs/about/aoabh</a>
<b>Substance abuse</b>	<b>Narcotics Anonymous</b>	Meetings and support for recovering drug abusers	<a href="http://www.na.org/meetingsearch/">http://www.na.org/meetingsearch/</a>
<b>Medicare help</b>	<b>HICAP</b>	Help in comparing Medicare supplemental plans and Part D	<a href="http://www.hicap.org/resources">http://www.hicap.org/resources</a>
<b>Substance abuse and mental health support</b>	<b>SAHMSA National Helpline</b>	Confidential, free, 24/7 information service in English and Spanish for individuals and family members facing mental and/or substance use disorders; referrals to local treatment facilities, support groups, and community-based organizations; free publications and other information	<a href="https://www.samhsa.gov/find-help/national-helpline">https://www.samhsa.gov/find-help/national-helpline</a> Phone: 1-800-662-4357