

# Post-treatment radiation safety instructions for Pluvicto



**Travel:** On your way home today, sit as far from the driver (or passenger, if you are the driver) as possible. For example, sit behind the passenger seat or in the last row of a larger vehicle. Avoid public transportation and crowded areas for 3 days. Small amounts of radiation from your body may trigger radiation monitors at airports, border crossings, government buildings, hospitals and waste disposal sites after treatment.



**Visitors, co-workers and family members:** Keep an arm's length away and minimize time spent in close distances for 3 days. Do not share personal items, utensils or tools that may have come into contact with your body fluids (especially blood or urine).

- **Children and pregnant women:** Avoid contact for 7 days.
- **Pets:** Avoid contact for 7 days



**Bedroom:** Sleep alone for 3 nights; no partners, children or pets on the same bed. Change linens after the third night.



**Bathroom:** If possible, designate a bathroom off-limits to everyone but yourself for 3 days. Sit for urination, close the toilet lid before flushing and flush twice. Wash hands thoroughly. Bathe (shower) daily.



**Special medical equipment** such as catheters, colostomy bags, bedpans, water nozzles or anything that could be contaminated by your body fluids: For 3 days following treatment, wear gloves, empty frequently directly into a toilet and wipe any splash or drip. Carefully remove gloves and dispose of used supplies in separate trash (see Trash recommendations below). Clean skin around catheter with saline wipes and wash hands with warm, soapy water.



**Laundry:** Wash your clothing, towels and bedding separately, using an extra rinse cycle if possible.



**Trash:** Keep your personal trash bag separated from the other trash and out of reach of children and animals. If you have storage space, keep your trash bag isolated for 2 weeks, then dispose with other household waste. If cleaning requires help, your caregiver must wear disposable gloves. This is especially important for cleaning vomit, urine, blood or bowel movements.



**Daily activities:** Do not prepare food for others for 3 days. Drink extra fluids and exercise if you are able. Even a slow stroll around the neighborhood will help reduce the lingering radiation in your body. Carry your treatment card in case of emergency.