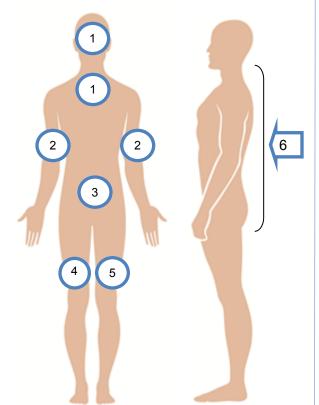
# Prevent infections during hospital stay

# BATHE or SHOWER with Chlorhexidine (CHG) Soap



Bathe with CHG to remove germs and prevent infection

CHG works better than soap and water
CHG is a protective bath
CHG cloths are less drying than soap
Apply as shown below



Avoid eyes, mouth, & ear canals

#### **REMINDERS**

- Your enthusiasm helps patients understand why CHG is important
- Bathing on admission removes germs to protect the patient and hospital
- CHG works for 24 hours to kill germs
- Firmly massage CHG onto skin
- Clean **6 inches** of lines, drains, tubes
- Safe on surface wounds, rashes, burns
- Use only CHG-compatible lotions
- If barrier protection needed, apply CHG then apply barrier protection

# **Clean all skin areas with attention to:**

- Neck
- · All skin folds
- Skin around all devices (line/tube/drain)
- Wounds unless deep or large
- Armpit, groin, between fingers/toes

## **SHOWERING with CHG soap**

- 1. Rinse body with warm water
- 2. Wash hair and face with CHG
- 3. Avoid getting into eyes and ears
- 4. Turn off water and lather non-cotton cloth or mesh sponge with plenty of CHG
- 5. Massage CHG onto all skin areas
- 6. Leave CHG on for **2 minutes** then rinse

## **BATHING with CHG cloths**

- 1. Tell patients these cloths are their protective bath
- 2. Use all 6 cloths. More, if needed.
- 3. Firmly massage skin with cloth
- 4. Clean over semi-permeable dressings
- 5. Clean 6 inches of lines, tubes, and drains
- 6. Air dry. Do not wipe off.
- 7. Put used cloths in trash. Do <u>not flush</u>.



