

Apply nasal povidone-iodine antiseptic swabs* to all adult patients on contact precautions **twice daily for 5 days on admission** to help remove germs and prevent infection



Clean nostrils (including tip) with tissues prior to application



Insert swab into one nostril and rotate for 30 seconds, or at least 3 times around slowly, covering all surfaces. Discard swab.



Repeat with 2nd swab in other nostril

**Do NOT blow nose if solution drips.
Gently wipe with a tissue.**

Instructions

- Apply iodophor swabs* **twice daily** for **5 days on admission**
- Clears bacteria that live in the nose that can cause infection, like *S. aureus* (including MRSA)
- 80% of *S. aureus* infections are caused by bacteria in the patient's own nose

Povidone-iodine use in specific circumstances

- If nasal device in place (NG tube), swab around tubing if possible
- If nasal packing in place, do not apply to that nostril



*The use of trade names is for identification only and does not imply endorsement by the Department of Health and Human Services or the Centers for Disease Control and Prevention.