

# Showering with CHG Soap

**CHG removes germs from the body to prevent infection**

**STEP 1:** Wet entire body and non-cotton wipe/sponge

**STEP 2:** Rub CHG onto the non-cotton wipe/sponge

**STEP 3:** Massage CHG into all skin areas and use as shampoo

**STEP 4:** Leave CHG soap on for 2 minutes

**STEP 5:** Rinse well and towel dry

- + CHG is short for “chlorhexidine gluconate”
- + Wash all body areas shown in the picture
- + Avoid eyes and ear canal
- + Pay close attention to germ hot spots: neck, groin, skin folds, between fingers and toes
- + Ask for help with hard-to-reach areas
- + After shower, ask your nurse to clean wounds and devices

