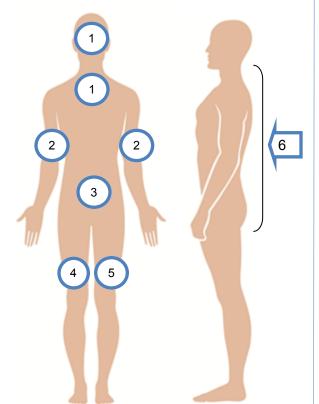
Prevent infections during each nursing home stay

BATHE or SHOWER with Chlorhexidine (CHG) Soap



Bathe with CHG to remove germs and prevent infection

CHG works better than soap and water
CHG is a protective bath
CHG cloths are less drying than soap
Apply as shown below



Avoid eyes, mouth, & ear canals

REMINDERS

- Your enthusiasm helps residents understand why CHG is important
- Bathing on admission removes germs to protect the resident and nursing home
- CHG works for 24 hours to kill germs
- Firmly massage CHG onto skin
- Clean 6 inches of lines, drains, tubes
- Safe on surface wounds, rashes, burns
- Use only CHG-compatible lotions
- If barrier protection needed, apply CHG then apply barrier protection

Clean all skin areas with attention to:

- Neck
- · All skin folds
- Skin around all devices (line/tube/drain)
- Wounds unless deep or large
- Armpit, groin, between fingers/toes

SHOWERING with CHG soap

- 1. Rinse body with warm water
- 2. Wash hair and face with CHG
- 3. Avoid getting into eyes and ears
- 4. Turn off water and lather non-cotton cloth or mesh sponge with plenty of CHG
- 5. Massage CHG onto all skin areas
- 6. Leave CHG on for **2 minutes** then rinse

BATHING with CHG cloths

- 1. Tell residents these cloths are their protective bath
- 2. Use all 6 cloths. More, if needed.
- 3. Firmly massage skin with cloth
- 4. Clean over semi-permeable dressings
- 5. Clean 6 inches of lines, tubes, and drains
- 6. Air dry. Do not wipe off.
- 7. Put used cloths in trash. Do <u>not flush</u>.



