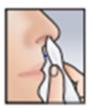
Prevent infections during nursing home stay

HOW TO APPLY Nasal 10% Povidone-Iodine (Iodophor)



Apply nasal povidone-iodine antiseptic swabs to all residents <u>twice daily for 5 days every other week</u> to help remove germs and prevent infection

How to Use:



Clean nostrils (including tip) with tissues prior to application



Insert swab into one nostril and rotate for 30 seconds, or at least 3 times around slowly, covering all surfaces. Discard swab.



Repeat with 2nd swab in other nostril

Do NOT blow nose if solution drips.

Gently wipe with a tissue.

Instructions

- Apply iodophor swabs twice daily for 5 days every other week
- Clears bacteria that live in the nose that can cause infection, like S. aureus (including MRSA)
- 80% of *S. aureus* infections are caused by bacteria in the resident's own nose

Povidone-Iodine use in specific circumstances

- If nasal device in place (NG tube), swab around tubing if possible
- If nasal packing in place, do <u>not</u> apply to that nostril



*The use of trade names is for identification only and does not imply endorsement by the Department of Health and Human Services or the Centers for Disease Control and Prevention.